

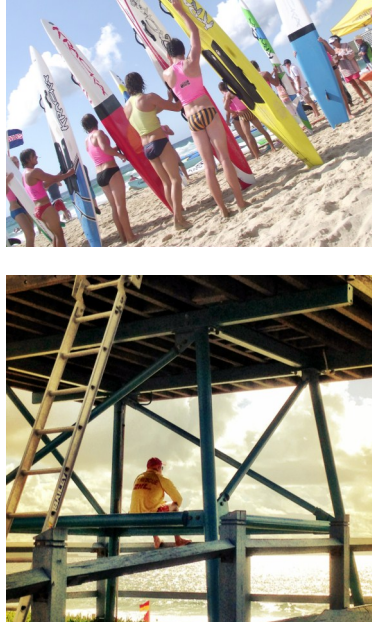


[Lifesaving](#)

[Education](#)

[Competition](#)

IMPORTANT UPDATES



COMPETITION

Congratulations to our Open Competitors who last weekend competed at the NSW Titles. North Cronulla performed extremely well across all areas finishing 4th in the point score overall point. Thanks to all involved for their support last weekend—team management, squad leaders, water safety and officials. A special thanks to our fantastic patrol members who assisted with patrolling the beach and with providing subs for our competitors. Our Aussies Team Meeting is Sunday 23rd March time TBC. Gear packing this weekend.

PATROL ROSTER

Sat 15/3

Patrol 3 (8:45—13:30) & Patrol 5 (13:15—18:00)

Sun 16/3

Patrol 6 (8:45—13:00) & Patrol 7 (12:45—18:00)

Next weekend

Sat 22/3 Patrol 8 (am) and Patrol 9 (pm)

Sun 23/3 Patrol 10 (am) and Patrol 11 (pm)

EDUCATION PROGRAMS

A spinal course has been planned for this Saturday 15th March. The course will be held at North Cronulla starting at 8.30am.

Enrolments are still being taken for the First Aid course on 22nd March.

Contact the office to sign up, [full description of courses is available on our website](#)—you must be a current financial member.

Remember to click on the [blue hyperlinks](#) to take to you the relevant link.

EDUCATION COURSES



First Aid Course Saturday 22nd March

This course provides participants with the knowledge and skills needed to manage emergency first aid situations and deliver competent emergency care until the arrival of professional medical support. Once completed, participants will obtain a first aid certificate that is valid for three years. The Apply First Aid course is nationally recognised WorkCover approved training.

[CLICK HERE FOR MORE DETAILS](#)



Silver Medallion

The aim of this course is to provide participants with the skills, knowledge and experience to manage a beach in emergency and non-emergency situations

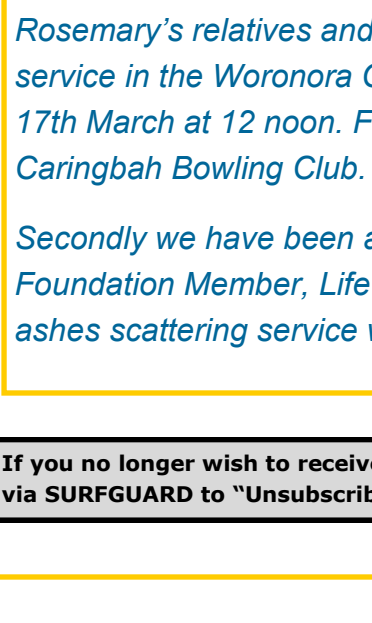
March Course at North Bondi Surf Club

24th, 25th, 27th March. 6.30pm-9.30pm

April Course at Cronulla Surf Club

22nd, 23rd, 28th April. 6.30pm—9.30pm

[CLICK HERE FOR MORE INFORMATION](#)



Gold Medallion

The aim of this course is to provide participants with advanced skills and knowledge to manage emergency situations in autonomous situations

Course will be held at our beach!

North Cronulla Surf Club

Saturday 26th April 10am

[CLICK HERE FOR MORE INFORMATION](#)



Spinal Course

The aim of this course is to provide participants with skills and knowledge to manage injured casualties with suspected spinal injuries in an aquatic environment in an emergency situation.

Course will be held at our beach!

North Cronulla Surf Club

Saturday 15th March 8.30am

[CLICK HERE FOR MORE INFORMATION](#)

It is with regret that I pass onto you that Rosemary Ridley passed away late Saturday evening after a brave battle with illness aged 79.

Rosemary's relatives and friends are invited to attend her funeral service in the Woronora Crematorium's South Chapel on Monday 17th March at 12 noon. Following the service you are invited back to Caringbah Bowling Club.

Secondly we have been asked by Wanda Surf Club to pass on that Foundation Member, Life Member and past President Keith Garthon's ashes scattering service will be held on 30th March 2014 at 1pm at

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