



Issue 1 2018

20 September 2018

*welcome back for
2018-19 season ...*

We hope you enjoyed the winter break and are now looking forward to the start of Nippers! **Registrations and apparel sales will be on again this Sunday from 9am.** Check your cupboards to make sure you've got your age group cap & pink fluoro rashie for Day 1. The apparel shop will be open during rego and again in the first few weeks of nippers.

Nippers will start at 9am on Sunday 14th October 2018.

If you have any membership question please email us at membership@northcronullaslsc.com.au



REGISTRATION
ONE LEFT 23 SEPT

TIMED POOL PROFICIENCY SWIMS ARE TO BE COMPLETED ON REGISTRATION DAYS FOR ALL U/9 – U/13 Kids need to complete a **timed pool proficiency swim** to be eligible to participate in water events throughout the season.

DISTANCE & TIMES ARE:

U9 & U10	200m	6 minutes
U11 U12 U13	200m	5 minutes

Wether & conditions permitting the Run/Swim/Run ocean proficiency will be run for those members who have completed their pool swim after at 10.30am on rego day.

Please note there is also a compulsory Nipper Parent Membership for at least one parent

[Fees and more information available on website](#)



PARENT INFO NIGHT
24th Oct at 5:30pm

Our club is a volunteer organisation and relies on parents and members. Your involvement in the club is both encouraged and greatly appreciated.

Parents are invited and encouraged to share the nipper experiences with their kids, so come along to the info night to find out what goes on each week so together we can encourage all our kids to do their best and develop to their full potential, whilst we all learn new skills and having fun.

We always need helpers and there are many jobs to do from helping to set up of the beach through to assisting Age Group Managers, to helping with fundraising events or if your able jumping in and doing water safety.

Please RSVP to svoigt@NCSLSC.com.au by 19.10.18

thank you to our sponsors...



Sydney WATER

ENTRIES NOW OPEN

[Click here for details](#)

Round 1

Saturday 27 Oct
Warilla Barrack Point SLSC

Round 2

Saturday 3 Nov
TBA

Round 3

Saturday 10 Nov
Fairy Meadow SLSC

Round 4

Saturday 17 Nov
Shellharbour SLSC

Online entries close Oct 22

Any questions please email
sydneywatersurfseries@gmail.com
or contact Keith Caldwell
0414 258 295



AGE MANAGER COURSE 2018-2019 OCTOBER 24

October 24th at Nth Cronulla Surf Club from 6.30pm - 9:15pm
Please RSVP for space and catering purposes to:
svoigt@NCSLSC.com.au
by the 19th Oct 2018

The SLSC Age Manager Course is for every parent who wants to work on the beach with their kids as an Age Manager or Age Assistant. This includes those who are brand new, have been here for a while or maybe have their Bronze Medal. To become an Age Manager you need to have an SLSC Age Manager Certificate. That's what this Course will provide you.

What is an Age Manager?

Age managers work with nippers between the ages of 6 and 13, to develop their surf lifesaving and sport skills, by providing fun, safe and organised nipper activities.

Age managers are:

- responsible for the overall safety and wellbeing of their age group
- responsible for facilitating the development of surf lifesaving skills, e.g., movement and surf awareness skills
- responsible for facilitating the development of personal skills, e.g., confidence, teamwork, leadership
- take time to plan, prepare and deliver lessons to their age group
- foster a collaborative approach to the management of their age group



SPRINT TRAINING

Has started on Friday's with coach Dave
Get the Team App (link is [here](#)) to get all notifications
Join the team **NC NIPPERS SPRINTING**

office hours

monday CLOSED
tuesday CLOSED
wednesday 10AM TO 5PM
thursday 10AM TO 2PM
friday 10AM TO 2PM
saturday 9AM TO 11AM
sunday REGO DAYS ONLY

North Cronulla SLSC Nippers

we'd love to hear from you

**FEEL FREE TO SEND ANYTHING
FOR POSSIBLE INCLUSION TO
bridgetfazio1@optusnet.com.au**

